

# METRO FIRE **CERT** Training Calendar



## Metro Fire CERT 2006 Basic Training Schedule

WEEK	UNIT	JANUARY THURSDAYS	APRIL THURSDAYS	JULY THURSDAYS	OCTOBER THURSDAYS
1	1: Disaster Awareness	01/05/06	04/06/06	07/06/06	10/05/06
2	2: Fire Safety/Hazmat	01/12/06	04/13/06	07/13/06	10/12/06
3	3: Disaster Medical Ops 1	01/19/06	04/20/06	07/20/06	10/19/06
4	4: Disaster Medical Ops 2	01/26/06	04/27/06	07/27/06	10/26/06
5	5: Light Search & Rescue	02/02/06	05/04/06	08/03/06	11/02/06
6	6 & 7: Org/Psych	02/09/06	05/11/06	08/10/06	11/09/06
7	8 & 9: Terrorism/Review	02/16/06	05/18/06	08/17/06	11/16/06
8	9 cont: Final Exercise/Grad	02/23/06	05/25/06	08/24/06	11/30/06

All Class sessions are from 18:00 to 21:00

Classes are currently located at Fire Station 21 (subject to change)

7641 Greenback Lane

Citrus Heights, CA

*To make up a class through another agency,  
please call that agency ahead of time:*

Sacramento Fire Department: (916) 433-1363

Elk Grove CSD Fire Department: (916) 685-9501

## CERT sign-up flyers

If you would like to sign up for CERT training, please download a sign-up flyer from the Metro Fire Web site at: <http://www.smfd.ca.gov/cert.htm>

Contact the Metro Fire CERT Program at (916) 566-4381; [cert@smfd.ca.gov](mailto:cert@smfd.ca.gov)



### SMFD Station #21

(location is subject to change)

7641 Greenback Lane

Citrus Heights, CA

**CERT TRAINING** is designed to prepare you to help yourself, your family, and your neighbors in the event of a catastrophic disaster. Because emergency services personnel will not be able to help everyone immediately, you can make a difference by using CERT training to save lives and protect property.

This training covers basic skills that are important to know in a disaster when emergency services are not available. With training and practice and by working as a team, you will be able to do the greatest good for the greatest number of people after a disaster, while protecting yourself from becoming a victim.

The job of trained CERTs is not to add to the burden of professional emergency services, but to manage existing resources until professional assistance becomes available.